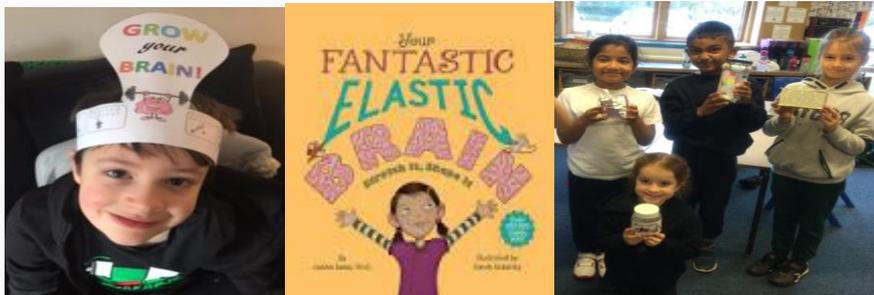


Focus on... Children's Mental Health week.



What a busy 'Express Yourself' week we have had with loads of amazing activities going on in all year groups to explore feelings. With 'Inside Out day' on Wednesday, we focused on our feelings and how we don't always see how somebody else might feel on the inside. In Reception and Year 1, children were encouraged to contribute to 'A Jar of Awesomeness', while in Year 2 they have looked at the book 'Your Fantastic Elastic Brain' by JoAnn Deak and have made a 'Grow your brain' hats. Year 3 played games such as 'Would you rather' and in Year 4, the focus was on feeling happy. Laughing is nature's best medicine and, at the moment, that is something we could all benefit from! Year 5 looked at the art of 'Journaling' which is a great way of reinforcing positivity and personal achievements. Year 6 enjoyed some guided meditations for a moment of calm in their busy lives. All of these techniques are wonderful to maintain as they create such a positive mental health for all of us.



Newsletter 20



05.02.2021

*Believe, Trust and Be Ready
"That they may have life, and to the full" John 10:10*

Gospel Contemplations by Mrs Holland

In Mark's gospel this week we learn how Jesus heals Simon's mother-in-law and then goes on to take his ministry further afield. He continues, with the help of his disciples, to heal people and cast out demons. The first recorded hours of Jesus' ministry seem to go by in a whirlwind of activity. When Jesus first reaches out to people, things change fast and for the better. Today, I think it is pertinent to ask ourselves what is it exactly that we want from Jesus. Is it comfort? Healing? Wholeness? Energy to serve? When Simon's mother-in-law was cured by Jesus, she took her new-found energy to serve others. When we have found whatever it is we need from Jesus, be it comfort, healing or any other multitude of things, we should aim to pay it forward. By doing this, we become true disciples of Jesus.

Star of the Week Awards

This afternoon I named the children who will receive the Star of the Week awards for this week.
Star of the Week Award – Super work and effort.

Year Group	STARS OF THE WEEK	
Reception	Stanley	Jenson
Year 1	Bobby	Thomas
Year 2	Freddie	Emma
Year 3	Finley	Rocco
Year 4	Alice	Rosie
Year 5	Rafael	Will
Year 6	Alice	Charlotte

Dear Parents and Carers,

We have now completed 5 weeks of this half term! Next week, teachers will be phoning parents and children who have not had a day in school since December to check in with them. I had the privilege to lead a Year 6 and Year 2 live lesson this week. In Year 6 our prefects showed how well they have adapted to Teams and we talked about making sure we are kind and safe online. In Year 2 we discussed the making of cheese as they are looking at dairy farming as part of their geography topic. Ayla's Uncle Stuart has a dairy farm in Mobberley and on Monday, new calves were born on the farm. Ayla asked her uncle if one of the calves could be named after our school and so he named this calf Vincent. Year 2 saw how milk could be changed into cheese and their task was to use cheese to make something delicious.



To make our daily exercise more interesting, the Knutsford Primary schools are coming together to encourage all children to make a heart for their windows at home to show appreciation for each other as well as the NHS and keyworkers. This is another way we can feel connected with our whole community. Please do try to make a heart for your window.

Have a lovely weekend with your family.

Miss Groarke and everyone at St. Vincent's

Lenten Liturgy



As Ash Wednesday falls during half term this year, we will not be able to have our usual service in school. Instead, we shall be holding a **Lenten Liturgy next Thursday 11th at 2.30pm.** Please do try to join us if you can, especially as Father David will also be joining us.

In addition to this, your child will be asked to make their Lenten promise at some point next week. Please take the time to talk to your child about this special time of year.

Father David and St. Vincent's Church

Thank you so much to Father David for keeping in contact with School. Each week he has recorded a message about the Gospel for the children and it is in your class page on Teams in the files folder. Church is open for masses: - Tuesday to Friday – 9:30 am, Saturday – 5:30 pm and Sunday – 9:00 am and 11:00 am. It is still restricted on numbers so please book before attending Church. <https://www.picktime.com/stvincentdepaul>

HOLY HOUR WITH SPIRITUAL REFLECTION AND ROSARY: Please join Father David each Friday at 11 am on the live stream where we will pray for an end to the Pandemic. The service will be recorded.

Safer Internet Day Next Tuesday 9th February is Safer Internet Day: Together for a better internet. I would encourage you all to have discussions and continue to put boundaries in place about the use of technology in the home. It is really important to have regular discussions around internet safety as it changes so quickly. Please remember to look at the information on our school website.

Times Table Rock Stars - Results

The Battle of the Houses concluded on Monday 1st February at 12 o'clock. The top three in each house were:-

House	First	Second	Third
St. Patrick 1 st	Harry Y2	Charlie Y4	Adam Y6
St. Andrew 2 nd	Aadhya Y4	Giorgio Y6	Mathew Y3
St. George 3 rd	Harrison Y2	Alannah Y4	Steven Y5
St. David 4 th	Nancy Y6	Alice Y6	Thomas Y2

Second time on leader board

Mrs Hales and Coach Dave

Please remember to watch and try out Coach Dave's weekly activities. Also, to help with all of our wellbeing, Mrs Hales has recorded some sessions to help keep us positive.

Children in school

As a school, St. Vincent's remains open for **vulnerable and critical worker children ONLY** and we will continue to teach in school the home learning tasks set on Teams with supervision by any staff available. If you are a critical worker and require a place in the future, please email school with at least 48 hours' notice. Please email admin@stvincents.cheshire.sch.uk Please stipulate the days you require and also send in proof of critical work status. The children will be mixing in key stage bubbles. All children who have to attend school need to be in school uniform and bring all the books they will need. **It is your responsibility** to ensure your child brings their books in each day they are in school as children in school are doing the same work as those at home. We need to keep school and school grounds COVID secure. All parents are to leave site **immediately** after drop off and pick up. Children are not allowed to play before or after school and must stay with the adult who has picked them up. We all want to stop the spread of the virus so it is **imperative** anyone coming into school abides by the government rules to keep our school community safe.

Birthday Wishes!

So "Happy Birthday" to the following children:-

Look who
is
7
Emma

Look who
is
8
Douglas

Look who
is
9
Ted
Louie

Look who
is
10
Sienna

Look who
is
11
Alice

The Week Ahead

Live sessions via Teams

Week beginning 8th February 2021

(Times may change)

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Monday 8 th	10.15 -11.15	9.15 -10	9-10	9-10 11.15 – 12.15	10-11 1-2	10-11
	Whole school assembly 2.30p.m.					
Tuesday 9 th			9-10 2.20 – 2.50	9-10	10-11	10-11 1-2
	Whole School assembly 9.10 – 9.25					
Wednesday 10 th					1-2pm	
	Whole School Lenten Liturgy 2.30p.m.					
Thursday 11 th	10.15 -11.15	9.15 -10.15	9-10 2.20 – 2.50	9-10 11.15 – 12.15	10-11	10-11 1-2
	Whole School assembly 2.30p.m.					
Friday 12 th	10.15 -11.15	9.15 -10	9-10	9-10	10-11	10-11
	Whole School assembly 2.30p.m.					

Updated information will be on your class page on Teams.

Miss Quinn will notify you via Tapestry as to when Reception sessions are to be held.

