

St Vincent De Paul R.C. Primary School, Knutsford

Mission Statement:

Believe, Trust and Be Ready

“That they may have life, and to the full” John 10:10



R.S.H.E. Curriculum



RSHE Curriculum Design

This document should be read alongside the PSHE, RE, and RSE, Science, SEN, Geography policies and Equality action plan.

Rationale

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. We recognise that the RE and RSE curriculum will contribute, along with other subjects, to meeting the requirements of PSHE and Citizenship, and that it makes a key contribution to providing opportunities for spiritual, moral, social and cultural development.

Intent

RSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Although RSHE is taught through discreet lessons, it also underpins all activities, assemblies, educational visits and extra-curricular clubs. It is intended that we will offer a cohesive whole-school approach, where our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation

RSHE is taught across the school continuously during lessons, assemblies, class worship, school clubs, school events and break times.

In addition to this, at St. Vincent's, we have adopted 'Life To The Full' scheme of work published by Ten Ten resources. This is Diocesan approved and covers all aspects of RSHE in a relevant, age-appropriate manner.

We follow the programme over 3 terms on a 2 year cycle. This ensures all units are covered in full within each learning stage (EYFS, KS1, Lower KS2, Upper KS2) with limited, unnecessary repetition.

Within each learning stage there are 3 over-arching modules. These are:

- Created and loved by God
- Created to love others
- Created to live in the community

Each of these modules are then broken down into units of work.

Impact

As a result of our RSHE teaching at St. Vincent's you will see children who:

- have built on their resilience and determination to believe, trust and be ready for the next stage of their life.
- are happy, independent and responsible members of society, ready for the next stage of their life journey, both personally and socially.
- can talk about how to keep themselves healthy and safe in an age appropriate manner.
- know about healthy choices they can make and know how to keep themselves safe online.
- know to go to a trusted adult for support if the need arises.
- will have taken responsibilities as prefects, reading buddies, class monitors.
- have taken part in democracy - House Captains, Vice Captains, Mini-Vinnies and school councillors.
- are able to talk about feelings and mental health
- will be understanding of different people's unique perspectives
- are monitored to ensure they have made progress.

Long Term Plans

See whole school overview of what is taught in each learning stage.

Progression

Progression occurs from one learning stage to another in an age-appropriate manner. However, in addition to this, progression within each learning stage is as follows:

Module One: Created and Loved by God

Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Module Two: Created to Love Others

Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this Module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

Module Three: Created to Live in Community

Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.