

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering



Spring / Summer 2021

At: **St Vincent’s Primary School**

April 2021

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2021

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June 2021

M	Tu	W	T	Fri	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2021

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





Spring/ Summer Menu 2021

Week 1

Week 2

MONDAY

Organic Meatball
Pasta Bake

Vegetarian Burger in
a Soft Bun (v)

Organic Yogurt

TUESDAY

Roast Pork, Apple
Sauce, Creamed/ Roast
Pots, Stuffing & Gravy

Quorn Fillet, Stuffing
& Gravy, Creamed/
Roast Potatoes (v)

Rhubarb & Apple
Flapjack Crumble
with Ice Cream

WEDNESDAY

Vegetarian Sausage
Roll with Creamed
Potatoes (v)

Chicken Korma with
Rice & Cous Cous,
Naan Bread

Sultana Cookie with
Fruit Chunk or
Organic Yogurt

THURSDAY

Beef Lasagne with
Garlic Bread

Ploughman's Toastie
with Vegetable
Sticks (v)

Chocolate Crunch
with Fruit Chunk

FRIDAY

Fish/ Salmon Fingers
Baked Beans & Chips

Jacket Potato with a
Choice of Fillings (v)

Vanilla Ice Cream
with Summer Fruit
Coulis

MONDAY

Chicago Town Stuffed
Crust Pizza with Salad
Potatoes (v)

Quorn & Vegetable
Stir Fry Noodles (v)

Organic Yogurt

TUESDAY

Katsu Chicken Curry
with Savoury Rice

Pasta Italiane with
Garlic Bread (v)

Chocolate & Banana
Cup

WEDNESDAY

All Day Breakfast

Cheese & Onion Flan
with Salad (v)

Carrot & Pineapple
Traybake

THURSDAY

Beef Pasta Bolognese
with Garlic Bread

Jacket Potato with a
Choice of Fillings (v)

Frozen Yogurt Ice
Cream

FRIDAY

Breaded Fish with
Mushy Peas/ Baked
Beans & Chips

Tuna & Cheese
Sandwiches with
Vegetable Sticks

Kracholette or
Organic Yogurt

